

Issue 2 August 2017: This Newsletter is to keep GP practices up to date with the NHS Diabetes Prevention Programme in Cambridgeshire and Peterborough Clinical Commissioning Group's area.



Introduction from Dr. Mark Brookes

Welcome to the second edition of our Diabetes Prevention Programme newsletter.

The NHS DPP is a national scheme set up by NHS England and Cambridgeshire and Peterborough is one of the first areas to pilot this. It is a behaviour change programme aimed at patients who have been identified as being at risk of developing Type 2 diabetes (patients with non-diabetic hyperglycaemia).

Thank you very much for taking the time to read this newsletter and please do not hesitate to contact us with any queries you have about the programme.

Best wishes,
Dr Mark Brookes, Interim Diabetes Clinical Lead

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Referral numbers and eligibility criteria

Thank you to practices for your continuing work on referring patients to the NHS Diabetes Prevention Programme. To date, 78 of our member practices have referred patients into the programme and we are currently at 79% of our referral trajectory set by NHS England, an increase of over 10% on the previous month. Please continue to proactively refer patients into the programme where appropriate.

Please remember only patients who meet the following criteria are able to take part in the programme:

- HbA1c results between 42 – 47 mmol/mol (6.0 – 6.4%) in the last 12 months
OR
- Fasting plasma glucose result between 5.5 – 6.9 mmols/l in the last 12 months

AND:

- Aged 18 years or over
- Registered with a GP practice within Cambridgeshire and Peterborough
- Not pregnant
- Does not already have Type 2 diabetes
- There is no medical reason why this patient should not take part in a programme that includes light-moderate physical activity.

Classes

We now have **27 classes** across Cambridgeshire and Peterborough. A list of the current classes taking, or due to take place is below:

- **Botolph Bridge Community Health Centre**
PE2 9QB – 1 class
- **Bottisham Medical Practice**
CB25 9DU – 1 class
- **Cambridge Central Library**
CB2 3QD – 2 classes
- **Cherry Hinton Village Leisure Centre**
CB1 9EJ – 1 class
- **Coombes Community Centre, Royston**
SG8 5PT – 1 class
- **Eastrea Centre, Whittlesey**
PE7 2DF – 1 class
- **Gladstone Park, Peterborough**
PE1 2AN – 4 classes
- **Methodist Church Hall, Ramsey**
PE26 1AA – 1 class
- **Milton Community Centre**
CB24 6DD – 1 class
- **Oasis Community Centre, Wisbech**
PE13 3NR – 1 class
- **Ormiston Children's Centre, Chatteris,**
PE16 6PH – 1 class
- **Queens Park Hall, Yaxley**
PE7 3AU – 1 class
- **Rosmini Centre, Wisbech**
PE13 2PH – 1 class
- **St B's Hall, Yaxley**
PE7 3LZ – 3 classes

- **Medway Centre, Huntingdon**

PE29 1SF – 1 class

- **St. Paul's, Cambridge**

CB2 1JP – 2 classes

- **St. Mark's Church, Peterborough**

PE1 2SN – 2 classes

- **Whittlesey Youth and Community Centre**

PE7 1SD – 2 classes

Some areas only need a few more referrals before venues can be secured:

- **CB6** – Ely locality
- **CB24** – Cambridge North Villages
- **PE4** – Peterborough (Werrington, Paston)
- **PE8** – Northamptonshire
- **PE13** – Wisbech
- **PE29** – Huntingdon



Please remember there needs to be a **minimum of 20 people** for a class to be set up, so your support with reaching these required numbers is greatly appreciated. ICS is happy to talk with practices about venue suggestions.

Retrospective searches

Thank you to all those practices that have completed their retrospective searches. This is a good way to boost up referral numbers. We encourage you to make sure a clinician checks the patient list before it is sent through to ensure the offer of referral is appropriate for patients.

We understand that there have been a few issues relating to SystemOne practices running the searches. Please ensure the correct output file is selected to ensure the correct data fields are included. For ease of reference a link to the SystemOne guidance can be found [HERE](#). The EMIS web guidance can be found [HERE](#).

Lab test reporting – improvements on the way!

Some practices may have noticed that the Peterborough lab is now reporting so that HbA1c or fasting plasma glucose test results indicate when a patient is eligible for referral to the NHS DPP. We are working with the lab in Cambridge and are hoping to have the same process in place within the next few weeks.



NHS DPP Referral Feedback from ICS – practice generic email accounts

Based on your helpful feedback ICS, our local provider, is now in a position to provide practices with information relating to the outcomes of referrals to the programme. We are conscious of the current

