



## NHS HEALTH CHECK TRAINING - How to deliver a quality NHS Health Check & Point of Care blood testing with Alere

### Who is it for?

All primary care and outreach staff who wish to deliver NHS Health Checks in Cambridgeshire & Peterborough - new starters and experienced.

### What is it?

The NHS Health Check programme is a public health programme for 40-74 year olds aiming to keep people well for longer. It's a cardiovascular risk assessment & management programme (with elements of screening) to prevent or delay onset of diabetes, heart, kidney disease & stroke.

For more information visit: [www.healthcheck.nhs.uk](http://www.healthcheck.nhs.uk).

### What will you learn?

This training session will cover the following;

- Assist deliverers providing the NHS Health Checks programme deliver a quality service based on the DH guidance on Best Practice and Quality Assurance Standards
- Build on knowledge, skills and confidence in delivering NHS Health Checks
- Calculate CV Risk
- Consider different ways of communicating risk
- Share your knowledge and experience and highlight your skills and learning needs to deliver quality NHS Health Checks
- This training also gives an update following the new national Best Practice Guidance Feb 2017
- **Additional training session: Training to cover Point of Care blood testing with Alere.**

To book, see overleaf.

### For further information

Please contact Shaun Birdsall, Health Improvement Specialist on 01223 507225 or [shaun.birdsall@cambridgeshire.gov.uk](mailto:shaun.birdsall@cambridgeshire.gov.uk).

Date	Venue	Time
<b>Thurs 12th Oct 2017</b>	<b>CAMBRIDGE PROFESSIONAL DEVELOPMENT CENTRE, Foster Rd, Trumpington, Cambridge, CB2 9NL</b> (Tea and coffee provided. Lunch available to buy at the venue. Ample free parking.)	How to deliver a quality NHS Health Check: 9:00am to 12:30pm ----- Point of Care blood Testing with Alere: 1:30pm to 3:30pm



NHS HEALTH CHECK TRAINING FOR PRIMARY CARE AND OUTREACH STAFF

**CAMBRIDGE PROFESSIONAL DEVELOPMENT CENTRE,  
Foster Rd, Trumpington, Cambridge, CB2 9NL**

(Tea and coffee provided. Lunch available to buy at the venue. Ample free parking.)

T: 01223 729000 E: [cpdc@cambridgeshire.gov.uk](mailto:cpdc@cambridgeshire.gov.uk)

[www.cambridgeshire.gov.uk/cambridge-professional-development-centre-cpdc](http://www.cambridgeshire.gov.uk/cambridge-professional-development-centre-cpdc)

**Please tick which training course(s) you wish to attend;**

Health Diagnostics:

**How to Deliver a Quality NHS Health Check**

**9:00am to 12:30pm, Thurs 12th Oct**

Alere:

**Point of Care blood testing**

**1:30-3:30pm, Thurs 12th Oct**

**Name:**

.....

**GP Practice / Pharmacy / Outreach name & address:**

.....

.....

**Tel No:**

.....

**Email:**

.....

\*Please note this email address will be used for all future correspondence.

**Please return completed booking forms to the following address:**

Email: shaun.birdsall@cambridgeshire.gov.uk

Post: Shaun Birdsall, Public Health, Cambridgeshire County Council, Box SH1108, 1<sup>st</sup> Floor, Shire Hall, Castle Hill, Cambridge, CB3 0AP.

Please let us know if you have any specific requirements which will enable us to support your attendance at this session.

**Terms and Conditions**

This training is free to Primary Care and outreach staff aiming to deliver NHS Health Checks in Cambridgeshire & Peterborough.

Requests to cancel places on courses must be emailed to shaun.birdsall@cambridgeshire.gov.uk or 01223 507225.

If the course is cancelled due to unforeseen circumstances by the provider, the provider cannot be responsible for the reimbursement of any additional costs incurred.

Participants **MUST** book on to attend. Whilst the training is free of charge, there may be a fee if cancellation or failure to attend with less than 48hrs notice.