

2nd Bedford Diabetes Study Day

Thursday 18 January 2018

King's House, 245 Amphill Road, Bedford MK42 9AZ

Approved for 6 External CPD Points

We are offering a Diabetes Study Day for healthcare professionals working within a hospital or community setting to meet the educational needs of all healthcare professionals with an interest in diabetes care. The aim of the study day is to further develop an understanding of diabetes.

We hope you will be able to join us in Bedford for what promises to be a very informative meeting. All talks will be delivered by experts in their field, and the *Day* will be of relevance to all healthcare professionals and medical students who are interested in a career in Diabetology. The venue is very easily accessible and is renowned for excellent catering.

The meeting has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits (*CPD code 111003*).

Who should attend?

- Diabetes Consultants and trainees looking for the latest updates
- Consultants and trainees involved in Acute/General Medicine take
- Acute medicine specialists
- General Physicians
- Healthcare professionals who have an interest in diabetes

Please see next page for programme.

To book a place please visit:

<https://bedford-diabetes-study-day.eventbrite.co.uk>

Places at the event are limited and cost £60 per delegate (including lunch and refreshments) and will be offered on a first come, first served basis.

Please note that there will be an admin charge of £4.31 if booked through the above website which will be waived if paid in cash or through paypal (please use email address rajeev.kumar@bedfordhospital.nhs.uk to make paypal payment and state your name, hospital address and contact number)

For enquiries:

The Bedford Diabetes Study Day Team

Ms Laila Khubeize (AAU Secretary)

Department of Acute Medicine

Bedford Hospital, Bedford MK42 9DJ

Phone: 01234 730 419 Fax: 01234 792 655

Email: Laila.Khubeize@bedfordhospital.nhs.uk

Meeting organiser:

Dr Rajeev Kumar, *Consultant Physician, Bedford Hospital*

Rajeev.kumar@bedfordhospital.nhs.uk

Venue website:

<https://www.kingshousebedford.org/home>

This medical education meeting has been part funded by pharmaceutical companies. The companies have had no input in the development of the agenda.

2nd Bedford Diabetes Study Day

Thursday 18 January 2018

King's House, 245 Amphill Road, Bedford MK42 9AZ

Approved for 6 External CPD Points

Programme

08:45 **Registration and Tea/Coffee**

09:15 **Welcome and Introduction**

Mr Paul Tisi, *Medical Director, Bedford Hospital, Bedford*

Dr Rajeev Kumar, *Consultant Physician and Clinical Director (Integrated Medicine), Bedford Hospital, Bedford*

Session 1

09:30 **Advances in Diabetes Management- Evolution of Drug Treatment**

Dr Rajeev Kumar, *Consultant Physician and Clinical Director (Integrated Medicine), Bedford Hospital, Bedford*

10:15 **Advances in Diabetes Management- Evolution of Insulin Treatment**

Dr Nihad Jaleel, *Consultant Physician, Northampton General Hospital, Northampton*

11:00 **Tea and Coffee**

Session 2

11:15 **Pharmacological Management of Obesity in Type 2 Diabetes : New Developments**

Dr Harvinder Chahal, *Consultant Endocrinologist and Lead Bariatric Physician, St. Mary's Hospital, Imperial College Healthcare NHS Trust, London*

12:00 **Should Bariatric Surgery be Recognised as a Treatment Option for Type 2 Diabetes?**

Mr Vigyan Jain, *Consultant Surgeon and Clinical Director (General Surgery & Obesity Services), Obesity Clinic, Luton & Dunstable University Hospital NHS Foundation Trust, Luton*

12:45 **Lunch and Networking**

Session 3

13:45 **Which Hypocaloric Diet, if any, is Optimal for Obese Diabetic Patients?**

Ms Caroline Sale, *Obesity Specialist Dietitian, Obesity Clinic, Luton & Dunstable University Hospital NHS Foundation Trust, Luton*

14:30 **Workshop: Patient Empowerment in the Management of Diabetes**

Dr. Charles Fox, *Retd Consultant Physician, Northampton General Hospital, Ex President, Northampton Diabetes UK*

Dr Anne Kilvert, *Lead for Community Diabetes MDT, Consultant Physician, Northampton General Hospital*

15:30 **Tea and Coffee**

Session 4

15:45 **Fight for Sight; Advances in our Understanding of Diabetic Retinopathy**

Mr Aires Lobo, *Consultant Ophthalmologist and Clinical Director (Moorfields North -Bedford), Moorfields Eye Hospital*

16:30 **Feedback and Close**

Dr Rajeev Kumar, *Consultant Physician and Clinical Director (Integrated Medicine), Bedford Hospital, Bedford*

To book a place please visit: <https://bedford-diabetes-study-day.eventbrite.co.uk>

For enquiries: Laila.Khubeize@bedfordhospital.nhs.uk (Phone: 01234 730 419)

Meeting organiser: Rajeev.kumar@bedfordhospital.nhs.uk