

Youth Mental Health Awareness Training

Practice Nurses in Primary Care

Free 1 Day Course for General Practice Nurses in Hunts and Fens

1 in 10 young people aged from 5 to 16 suffer from a mental health disorder. This programme has been developed by a Primary Care Nurse Practitioner to help develop the appropriate content and themes including:

- The risk-resilience balance
- Spotting depression
- Coping with self-harm
- Keeping calm with anxiety
- Keeping focused with psychosis
- Managing suicide risk
- How to be and what to say



Date and venue: The Riverside Practice, 23 Marylebone Road, March, PE15 8BG
29 November 2017 - 9:30am to 4:30pm
Tea and coffee available, please bring your own lunch
Separate dates are available for Cambridge and Ely

Bookings: Fiona Holloway-Parks
Project and Service Improvement Support, Primary Care Team
Cambridgeshire And Peterborough CCG
CAPCCG.CPDPrimaryCare@nhs.net - 01223 725343

Further info: Anna Cook
CAMH Training Administrator
CAMHTrainingAdministrator@cpft.nhs.uk