



Continuing professional development

Understanding Diabetes

Our informative workshop will interest anyone with an interest in diabetes, from professional healthcare staff to people living with the condition and their carers.

Two-day workshop

About the course

Day 1

Introduction to diabetes

- Prevalence, risk factors and altered physiology
- Living with diabetes (patients' experience) and life style interventions
- Diet and exercise

Day 2

Monitoring and treatment

- Blood glucose meters
- Oral medications and insulin
- Management of acute and long-term diabetic complications

How you'll learn

We'll use a range of methods during the workshops:

- Lectures
- Small group discussions
- Practical sessions in the skills lab
- Video presentations & quizzes

Who should attend

This workshop will benefit anyone with either a professional or personal interest in diabetes - from nursing staff, healthcare assistants and care technicians, to those people living with diabetes, or their families and carers.

Dates

Peterborough

28 and 29 November 2017, 09:00-16:00

Further information

Robert Priharjo

Tel: 01223 695554

Email: robert.priharjo@anglia.ac.uk

CPD Admissions team

Tel: 01245 686868

Email: admissionscpd@anglia.ac.uk

Apply online

<http://www.anglia.ac.uk/study/professional-and-short-courses/understanding-diabetes-workshop>

NHS funding

Ask your Manager or Education Lead if you are eligible for NHS funding, before you apply.