



Fit for the Future

Working together to keep people well

STP Implementation Briefing No.6 - December 2017

What is this Briefing for? A summary of key STP implementation progress

Who is this Briefing for? All colleagues involved in STP delivery: Delivery Group members, Enabling Group members, Improvement Area members, Health and Care Executive, Clinical Community members and Care Advisory Group members

News

Change to STP Accountable Officer

As of 1 January, Sheila Bremner has taken on the role of Accountable Officer of the Sustainability and Transformation Partnership. Sheila is also the Interim Chief Officer of Cambridgeshire and Peterborough Clinical Commissioning Group.

We all appreciate the significant contribution made by Tracy Dowling, who is now the Chief Executive of Cambridgeshire and Peterborough NHS Foundation Trust, in the role of Accountable Officer over the last 18 months.

Clinical lead for Digital

Dr Jag Ahluwalia, eHospital executive lead at CUH, is our clinical lead for Digital and will be leading the STP Digital Strategy Enabling Group.

STP Extranet now live - Staff Resource Centre

A virtual space is now available on the *Fit for the Future* website for everyone involved in STP projects, to access useful documents, such as templates, guides, newsletters, briefings and more!

You will need a log-in to access [this secure area](#). You will have received an email from the System Delivery Unit with details of your username and



password, giving you access to view and download these documents. If you have any queries, please email the SDU on communications@stp.cpft.nhs.uk.

New Stroke Early Support Discharge service starts this month

A new Stroke Early Supported Discharge (ESD) service starts in January. This service is being delivered by CPFT and complements its community neuro-rehabilitation and specialist stroke support services, delivered from its four hubs.

Fourteen members of staff have been recruited to the team. Eventually, a 35-strong team will support people admitted to stroke wards located at Addenbrooke's Hospital, Peterborough City Hospital, Hinchingbrooke Hospital, and Queen Elizabeth Hospital, King's Lynn.

Early Support Discharge, with community neuro rehabilitation, improves patient experience, reduces hospital stays, and is a more cost-effective way to deliver stroke rehabilitation than in an acute hospital. Patients will be assessed in hospital and, following discharge, will be supported at home for up to six weeks by therapists, nurses and rehab assistants.



Patients with cancer tells us about their experiences

Our four hospitals performed well in a National Cancer Patient Experience Survey, undertaken in 2016 and published in July 2017.

When patients were asked 'Overall, how would you rate your care?', our four hospitals scored the same as or higher than the national average score of 8.7 out of 10; the range of our scores were between 8.7 and 9.1. As well as hospital services, patient were asked about community services. Areas where we performed well included:

- Patient were involved in decisions about care and treatment
- Staff had explained how the operation went in an understandable way
- Staff told patient who to contact if worried post discharge
- Patient were given enough support from health or social care services after treatment

Whilst acknowledging there are areas for celebration, the Fit for Future team, working with the East of England Cancer Alliance, recognise there is room for further improvement. As a result, an action plan has been produced to ensure we provide consistently high-quality cancer care.

Our action plan

- Improve GP knowledge around cancer symptoms to support patients both pre and post-diagnosis
- Improve primary and secondary care interface
- Improve contact for patients with Cancer Nurse Specialists / Macmillan Navigators

- Improve information available / communication methods
- Improve specific areas of hospital-based care where below national average
- Improve support from health or social services during and after treatment
- Improve communication with patients around research and opportunities to be involved in clinical trials
- Share learning between clinical colleagues and disseminating good practice
- Drive further excellence towards achieving 'gold standard' for our patients

The STP Cancer Project Team is identifying opportunities within the STP cancer work programme to work with clinical and non-clinical staff and patients to ensure a continuing focus around the need to improve the patient experience.

Primary Care engagement

The Care Advisory Group (CAG), at a recent meeting, highlighted the need for the STP to be clearer about how it benefits primary care and GPs.

GPs are concerned that there has not been enough engagement with general practice about STP priorities, care model redesign and delivery. They are also concerned about capacity to manage the volume of increased activity transferring into the community, and the potential risk that this poses.

The newly established STP Board has agreed that supporting primary care is the number one priority for the system in 2018/19. The initial steps are:

- GPs are to join the STP Board and HCE
- The HCE and lead GPs for the system are meeting on 30 January

External review of Hyper Acute Stroke Units

The Stroke Group asked CAG to review and agree the terms of reference for an external review of both Hyper Acute Stroke Units (HASUs), at Addenbrooke's and Peterborough City Hospitals, to be completed in 2018.

With the additions of patient experience and clinical outcomes, CAG agreed the review's Terms of Reference. CAG also agreed that the outcomes of this external review, once it has been completed, will be reviewed at CAG and then the Health & Care Executive (HCE), informing the content of the Stroke Strategy.

Learning opportunities

Compassionate and collective leadership for high quality care

A master class by Professor Michael West, The King's Fund and Lancaster University

Thursday 8 February, 10am to 1pm, Marriott Hotel, Huntingdon PE29 6FL

This popular session is filling up fast, so don't delay in making your booking. To book a seat email Karen.Childs1@nhs.net by Friday 19 January 2018.

Public Health Skills & Knowledge Framework

This event will bring together colleagues that work in public services and the field of public health and public services to learn about the Public Health Skills & Knowledge Framework, its use in practice and how it can benefit yourself and your organisation.

Wednesday 14 March, 9.30am to 1.30pm, PHE East of England, West Wing, Victoria House, Capital Park, Fulbourn, Cambridge, CB21 5XA. Spaces are limited. Contact Lauren to book your space lauren.griffiths@phe.gov.uk

Key dates in January

| Date | Event | Location | Timings |
|----------------|-----------------------|-----------------------------------|-------------|
| Mon 15 January | System Delivery Board | Boardroom, Addenbrooke's Hospital | 08:00-10:00 |

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| Weds 17 January | GPFV Delivery & Engagement Group | Lounge, Medway Centre, Medway Road, Huntingdon, Cambs, PE29 1SF | 14:00-16:00 |
| | Finance Performance and Planning Group (FPPG) | Engine Room, Block 11, Ida Darwin | 14:00-16:00 |
| Thurs 18 January | Activity and Performance Group | Engine Room, Block 11, Ida Darwin | 09:00-11:00 |
| Thurs 25 January | PCIN Delivery Group | Executive Meeting Room 1, Management Suite, Hinchingsbrooke Hospital | 14:00-16:00 |
| | STP Board | Boardroom, Addenbrooke's Hospital | 14:00-15:30 |
| Fri 26 January | Planned Care Delivery Group | Engine Room, Block 11, Ida Darwin | 14:00-16:00 |
| Mon 29 January | HRD Enabling Group | Level 4 Meeting Room, Addenbrooke's Hospital | 14:00-16:00 |
| | UEC Delivery Group | Boardroom, Addenbrooke's Hospital | 14:00-16:00 |
| Weds 31 January | Investment Committee | Engine Room, Block 11, Ida Darwin | 13:00-15:00 |
| | FPPG | Engine Room, Block 11, Ida Darwin | 15:15-16:15 |

Produced by the System Delivery Unit of the Cambridgeshire and Peterborough Health and Care System's Fit for the Future Programme



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