

How to register:

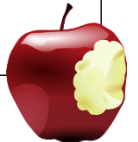
1. Access the website: www.cdep.org.uk
2. Click on the link: SIGN IN/REGISTER
3. Under NEW CANDIDATE REGISTRATION enter your EMAIL address, (this can be work or personal) and click CREATE ACCOUNT.
4. On the next registration page, choose a secure / memorable PASSWORD, then input the REGISTRATION KEY CODE: **CambsPboroCCG** *If this code is not entered, you will be automatically passed to CDEP's payment page. If this does occur, please contact [CDEP](http://www.cdep.org.uk) for support.

How long will it take me to complete a topic?

Each topic has a different number of competencies and therefore average length of time differs from 45 mins (Promoting self-care) to 5 hours for Nutrition & Physical Activity, but on average it is 1-2 hours.

CDEP is designed to do in 'bite-sized chunks'

Just log in when and where you can and do a few competencies within a topic – one can take as little a minute to do. Once a competency is finished, it will automatically be saved, so none of your work will be lost if you dip in and out!



Where should I start?

CDEP currently offers 15 topics. People may start where-ever they choose as there is no particular order that needs to be followed.

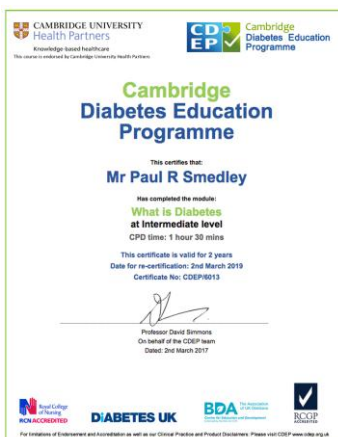
'What is Diabetes' is a good introduction to diabetes.

Topics include:

- What is diabetes
- Hypoglycaemia
- Hyperglycaemia
- Oral Therapies
- Injectable Therapies
- Foot Care
- Nutrition (TREND)
- Blood glucose and ketone monitoring
- Promoting self-care
- Pre-conception care
- Screening, prevention & early detection of type 2 diabetes
- Nutrition & Physical Activity (QoF DM13 requirements)
- Managing diabetes in hospital
- Managing diabetes in residential or nursing home care
- Carbohydrate counting and insulin injection dose adjustment

Do I have to complete all the topics to generate a certificate of diabetes competency?

No, once you finish a topic you can generate a certificate of competency for that specific topic.



Help is always on hand...

There are learning resources available to support you and they can be assessed before, during or after the competency assessments.

Or contact us: candice.ward@addenbrookes.nhs.uk