

# 3<sup>rd</sup> Bedford Diabetes Study Day

Thursday 5<sup>th</sup> July 2018

King's House, 245 Amptill Road, Bedford MK42 9AZ

Approved for 6 External CPD Points

Following the success of previous two *Study Days*, we are pleased to invite you to attend *3<sup>rd</sup> Bedford Diabetes Study Day*. This one-day medical education meeting will again bring together a notable faculty of diabetes experts from Bedford and beyond and we very much hope you will be able to join us on Thursday, 5th July 2018 for what promises to be a very informative meeting. The *Day* will be of relevance to all healthcare professionals and medical students who are interested in a career in Diabetology.

The venue is very easily accessible and is renowned for excellent catering.

The meeting has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits (*CPD Code 117803*).

## Who should attend?

- Diabetes Consultants and trainees looking for the latest updates
- Consultants and trainees involved in Acute/General Medicine take
- Acute medicine specialists
- General Physicians
- Nurses, Pharmacists and Healthcare professionals who have an interest in diabetes

Please see next page for programme.

To book a place please visit:

<https://3rd-bedford-diabetes-study-day.eventbrite.co.uk>

**Places at the event are limited and cost £60 per delegate (including lunch and refreshments) and will be offered on a first come, first served basis.**

Please note that there will be an admin charge of £3.47 if booked through the above website which will be waived if paid in cash, via bank transfer or through PayPal (please use email address [rajeev.kumar@bedfordhospital.nhs.uk](mailto:rajeev.kumar@bedfordhospital.nhs.uk) to make PayPal payment and use the link "*send money to friend and family*" stating your name, hospital address, contact number and dietary requirement and drop us an email once payment made).

**For enquiries:**            **The Bedford Diabetes Study Day Team**  
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**Meeting organiser:**    Dr Rajeev Kumar, *Consultant Physician, Bedford Hospital*  
[Rajeev.kumar@bedfordhospital.nhs.uk](mailto:rajeev.kumar@bedfordhospital.nhs.uk)

**Venue website:**        <https://www.kingshousebedford.org/home>

This medical education meeting has been part funded by pharmaceutical companies. The companies have had no input in the development of agenda.

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## Programme

**08:45 Registration and Tea/Coffee**

**09:15 Welcome and Introduction**

Mr Paul Tisi, *Medical Director, Bedford Hospital, Bedford*

Dr Rajeev Kumar, *Consultant Physician and endocrinologist, Bedford Hospital, Bedford*

### Session 1

**09:30 Selecting the right drug treatment for patients with diabetes**

Dr Rajeev Kumar, *Consultant Physician and endocrinologist, Bedford Hospital NHS Trust, Bedford*

**10:15 Selecting the right insulin treatment for patients with diabetes**

Dr Michael Pierides, *Consultant Physician and endocrinologist, Kettering General Hospital, Kettering*

**11:00 Tea and Coffee**

### Session 2

**11:15 Home Glucose Monitoring in diabetes; why, when and how?**

Ms Claire Springall, *Lead Diabetes Specialist Nurse, Bedford Hospital NHS Trust, Bedford*

**11:45 Optimizing the treatment of Steroid Induced Hyperglycaemia**

Dr Nihad Jaleel, *Consultant Physician and endocrinologist, Northampton General Hospital, Northampton*

**12:30 Caring for someone with diabetes at the End of Life**

Dr Sally Carding, *Consultant in Palliative Medicine, Hinchingsbrooke Hospital, Hinchingsbrooke*

**13:15 Lunch and Networking**

### Session 3

**14:00 Challenges in the management of diabetes in Children and Young Adults**

Dr Babita Khatriwal, *Consultant Paediatrician, Bedford Hospital NHS Trust, Bedford*

Ms Julia Brown, *Lead Paediatric Diabetes Specialist Nurse, Bedford Hospital NHS Trust, Bedford*

**14:45 Managing diabetes during Pregnancy and Postnatal period**

Dr Felicity Kaplan, *Consultant Physician and endocrinologist, Lister Hospital, Stevenage*

**15:30 Tea and Coffee**

### Session 4

**15:45 Non-alcoholic fatty liver disease (NAFLD) in diabetes: The elephant in the room!**

Dr Yasseen Al-Ne'eb, *Consultant Physician and Gastroenterologist, Bedford Hospital NHS Trust, Bedford*

**16:30 Feedback and Close**

Dr Rajeev Kumar, *Consultant Physician and endocrinologist, Bedford Hospital NHS Trust, Bedford*

To book a place please visit: <https://bedford-diabetes-study-day.eventbrite.co.uk>

For enquiries: [Laila.Khubeize@bedfordhospital.nhs.uk](mailto:Laila.Khubeize@bedfordhospital.nhs.uk) (Phone: 01234 730 419)

Meeting organiser: [Rajeev.kumar@bedfordhospital.nhs.uk](mailto:Rajeev.kumar@bedfordhospital.nhs.uk)

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