



CCG educational event

# Managing Controlled Drugs in General Practice, taking the pain out of CDs

**Where:** Huntingdon Racecourse  
Thrapston Road, Brampton,  
Huntingdon PE28 4NL

**When:** Tuesday 16 April 2019

**Time:** 1- 3pm (lunch 12.30pm)



- What are controlled drugs?
- Why and how are they regulated?
- What is a CDAO and who is she?
- What does good prescribing practice look like?
- What actions can primary care take to address the situation?
- What support is available?

Analysis of death certificates by the Office National Statistics indicated that in 2017 3,756 people died by drug poisoning, a rate of 66.1 deaths per 1 million population. 74% of these deaths were accidental. Our population stands at 982,000. Prescription controlled drugs included in the statics include fentanyl, tramadol, pregabalin, gabapentin, diazepam and zopiclone. There is increasing global concern that these drugs are prescribed for too long, at too great doses, and in combination. Patients are being exposed to debilitating short and long-term side effects. Shockingly, the evidence that many of these drugs work is limited. Patients are experiencing harms without benefit.

## Who should attend?

Any healthcare professional with responsibility for initiating or reviewing CDs in primary care.

## Speakers (to be confirmed)

- Dr Sarah Rann, Controlled Drugs Accountable Officer, NHS England Midlands and East (East)
- Dr Ruth Bastable, Medical Advisor, NHS England Midlands and East (East)
- Secondary care pain management clinician
- Local primary care substance misuse service clinician

## To book

Visit the Training Hub website to book <https://cptraininghub.nhs.uk/event/ccg-gp-ed-managing-controlled-drugs/> or email us at [capccg.gateway@nhs.net](mailto:capccg.gateway@nhs.net)

## How can I contact the organiser with any questions?

Medicines Optimisation Team [capccg.prescribingpartnership@nhs.net](mailto:capccg.prescribingpartnership@nhs.net)

**Final Agenda:** to follow.