



Do you suffer from  
**Distressing  
Repetitive  
Thoughts?**

If so, you are welcome to come along to

## **Cambridge OCD Support Group**

Our group is friendly, supportive and confidential.

We meet on the first Monday of each month, from 7pm to 8:30pm,  
at Lifecraft, Bath House, Gwydir Street, Cambridge CB1 2LW.

We look forward to meeting you. :)

(You can also contact us via [ocdcambridge@gmail.com](mailto:ocdcambridge@gmail.com))