



**Cambridgeshire
& Peterborough**
Domestic Abuse & Sexual
Violence Partnership

Domestic Abuse & Sexual Violence Newsletter
A monthly newsletter brought to you by the
Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

April 2019

Hello and welcome to our latest newsletter.

April has been a busy month with the DASV Champions Network events taking place across the county, which had a focus on support for survivors of sexual violence. We have set the dates for the July sessions as below where we will be looking at adults with vulnerabilities and the Ask Me project. If you want to book on a session, please email DASVChampions@cambridgeshire.gov.uk

Cambridge	South Cambs	East Cambs	Fenland	Huntingdon	Peterborough
1st July 10.00 – 12.30 Arbury Community Centre	12th July 10.00 – 12.30 Sackville House, Cambourne	16th July 10.00 – 12.30 Centre E, Ely	18th July 11.00 – 13.30 March Community Centre	3rd July 10.00 – 12.30 Stanton House	29th July 10.00 – 12.30 <u>Venue TBC</u>

There is more information about the Ask Me project on page 7 - this new exciting community work is being delivered by Cambridge Women’s Aid.

We hope you enjoy this newsletter and please do share any news from your service with us that we can include in future newsletters.

Julia Cullum
Partnership Manager



Domestic Abuse Awareness - Cambridgeshire – 17th May 2019

This one day course from LGSS is suitable for front line staff working with children, young people and families in Cambridgeshire who wish to:

- Understand the definition and basic dynamics of domestic abuse
- Review basic relevant legislation
- Have an overview of the differing typologies of Domestic Abuse
- Gain an understanding of the impact of domestic abuse on victims and children
- Develop skills to work in a focused, timely and effective manner with DV partner agencies

There are no entry requirements for this course. To enroll click [here](#)

This course is free to Cambridgeshire County Council staff but £55 to other organisations.

Caring Dads - New date

We have a Caring Dad's course starting on Tuesday 19th June at Larkfields Ely 6.30pm - 8.30pm.

Ely has good transport links with both train and bus services from Cambridge and March.

Caring Dads is open to all dads across Cambridgeshire who have been abusive towards their children and or their partners.

You can find referral forms on the children's portal under DV and then Caring Dad's.

If you do not have access to the portal more information on Caring Dad's can be found on the DASV Partnership website at https://www.cambsdasv.org.uk/website/caring_dads/380014

Email referrals to caringdads@cambridgeshire.gov.uk



SHINE: Empowering women to grow into their full potential as they discover true worth and value.

In the past year Shine has been delivered to over 100 women through the courses run from The C3 Centre and also those run specifically for Women's Aid and in-patients at Fulbourn Hospital. One delegate from Women's Aid said 'Shine is the best emotionally empowering programme I have ever been on as a woman with a difficult past.'

Shine has been successful in obtaining funding from CCC to offer a course for the women in the North ward of the city, specifically: Arbury, King's Hedges, East Chesterton and West Chesterton. The course is free and childcare and refreshments are provided.

Where: Brown's Field Youth and Community Centre

When: Mondays - 10 June, 17 June, 24 June, 1 July 2019

Time: 12noon – 2.15pm

We have 20 places on the course so please do ask any of the mums/ women that you work with or are in contact with if they would join us. The course comes as a whole – it is not possible to attend only one or two sessions. *We require confirmation of attendance from you as a referring agent.*

Please contact shine@thec3.uk to book a place, giving the full name and postcode with specific area of the ward. This is needed for monitoring purposes for the funding and will only be used for this reason. Similarly we may be taking photographs during sessions, though if necessary women can opt out of this when the course starts. We will also need ages and gender of any children needing childcare.

Will making a silent 999 call still get a police response?

A national campaign to raise awareness of a system to help people alert police when in imminent danger but unable to speak, was launched by the Independent Office for Police Conduct on 8th April.

The Silent Solution system enables a 999 mobile caller who is too scared to make a noise, or speak, to press 55 when prompted – to inform police they are in a genuine emergency.

The system is well-established in the UK but is only effective if the public know and understand how it works. It could, in extreme situations, potentially save a life.

It is not true that police will automatically attend if you make a silent 999 call. Callers need to listen and respond to questions and instructions, including by coughing or tapping the handset if possible, or if using a mobile phone, once prompted by the automated Silent Solution system, pressing 55.

The campaign highlights the case of Kerry Power who made a silent 999 call in the early hours of 14 December, 2013 when her ex-partner and stalker broke into her home. Following advice received from a police officer on a previous visit, she did not respond to the BT operator's instructions and her call was transferred to the Silent Solution system. As 55 was not pressed, the call was terminated and Devon and Cornwall Police were not notified of Kerry's call. Her ex-partner David Wilder called police later that morning to report he had fatally strangled her.

- A [Silent Solutions 'How to Guide'](#) can be found here
- A [Silent Solutions poster](#) can be found here

Make Yourself Heard

In danger, need the police, but can't speak?

- 1 Dial 999
- 2 Listen to the questions from the 999 operator
- 3 Respond by coughing or tapping the handset if you can
- 4 If prompted, press **55**
This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.

See our guide for more information.

#MakeYourselfHeard
#SilentSolution
www.policeconduct.gov.uk

led by IOPC
Supported by women's aid
INPCC

A Refuge for All is a user-led study about how to improve access to violence and abuse services for disabled women. Disabled women are nearly three times more likely to experience violence and abuse, the abuse lasts longer and the injuries are more severe. A Refuge for All has been developed by Shaping Our Lives and led by disabled women with lived experience of violence and abuse. Amanda from the DASV Partnership was invited to be professional adviser to the project and a poster we created was adapted and used as the official poster for the work.

Disabled women and domestic violence – report and toolkit launched

Refuge for All report, toolkit and more information about the project

Also this month, Against Violence and Abuse have released Tackling Violence Against Disabled Women & Girls - A Toolkit for Social Care, Housing, Mental Health and Safeguarding Services 2019. The user-led Project was spearheaded by Vision Sense with the Centre for Disability Research (CeDR) Lancaster University and includes a number of case studies and recommendations as well as checklists for organisations working with women with disabilities who have experienced violence and abuse. The DASV Partnership will be working closely with both Adult Social Care and Adult Safeguarding colleagues to embed relevant recommendations and best practice across Cambridgeshire and Peterborough as part of the VAWG Action Plan.

https://avaproject.org.uk/wp/wp-content/uploads/2019/03/FINAL-Drill-Final-Project-Toolkit-VADWG-2019-1proofed.pdf?mc_cid=cae08518f0&mc_eid=273e6b246c

Help available from the Department for Work and Pensions for people who are victims of domestic violence and abuse

The Department for Work and Pensions released an updated guide for people who are victims of domestic abuse which includes advice on how to inform DWP of the abuse, providing evidence and information about claiming a range of benefits.

<https://www.gov.uk/government/publications/domestic-violence-and-abuse-help-from-dwp/help-available-from-the-department-for-work-and-pensions-for-people-who-are-victims-of-domestic-violence-and-abuse>

Domestic Abuse Research Network Suffolk and Norfolk

Following the success of the *ESRC-funded Approaches to Reducing Domestic Abuse Conference* jointly organised by the University of Suffolk and the University of Essex, and the interest expressed by academics, students, practitioners and others who attended, the Domestic Abuse Research Network is being launched at an event on 26th June in Ipswich

The theme of the launch event is "Domestic Abuse at the Margins" and will appeal to those who are interested in contributing to discussions and taking forward research looking at under-researched areas for example, (but are not limited to) BAME women, disability, technology, housing.

Speakers for the event will include;

- Professor Emma Bond and Professor Andy Phippen – University of Suffolk
- Ngozi Fulani – Sistah Space
- Gudrun Burnet – Group Lead (Domestic Abuse) at Peabody/ Co-founder, Domestic Abuse Housing Alliance
- Brenda Joyce – Suffolk Coalition for Disabled People
- Dr. Olumide Adisa & Fiona Costello – University of Suffolk.

Partners for this event are: Suffolk County Council (Suffolk Violence and Abuse Partnership), and Norfolk Police and Crime Commissioner.

Attendance to this event is free, but places are limited so please only book a space if you can attend. For more info and to book via link : <https://domestic-abuse-research-network-launch.eventbrite.co.uk>

Walk a Mile raises £2000 – so far!

On 6th April The Ferry Project in Wisbech held an event called Walk a Mile in their Shoes to raise money for local domestic abuse services. The event had a turn out of about 30 people and £2000 has been raised so far, with sponsorships still coming in. Donations are still being accepted online at www.virginmoneygiving.com/fund/WalkAMile



Family Safeguarding Model to launch in Cambridgeshire

The Department for Education announced in early April that it is awarding Cambridgeshire County Council trailblazer status, and a share of a £87m national funding pot, to implement the Family Safeguarding model, and help roll it out nationally.

The Family Safeguarding approach brings a range of adult practitioners into children's teams to work alongside social workers. The adult practitioners include those who work with:

- Adult mental and emotional health issues;
- Domestic abuse, both in supporting perpetrators to change their behaviour and in supporting victims;
- Adults who have substance or alcohol misuse issues.

The Change for Children restructure implemented in November 2018 was designed to be 'Family Safeguarding ready', with a number of children's teams focused on working with younger children and their families. It is these teams where the main focus of the adult practitioners will be felt initially, since the model is designed to work with families struggling with any or all of the above issues and who have children subject to child protection or child in need plans.

This exciting news means Cambridgeshire County Council will now receive additional Government funding to help establish this new approach, and social workers will benefit from being part of a much more holistic approach where they can better rely on adult workers to help them assess risk, while they can focus on the changes that parents in the family are making on the lived experience of the children.

Family Safeguarding was initially developed in Hertfordshire, and has been in place in Peterborough for the past two years. Families there have reported that they find they approach very supportive, appreciating the Motivational Interviewing and multi-disciplinary approach.

The model has also been effective in helping to maintain relatively low levels of children in care in Peterborough and Hertfordshire, because the approach has helped more adults to make the changes they need to make in order to ensure that their children are safeguarded and make good progress.

In time, it is likely that the Family Safeguarding approach can support the work in other areas of the service; Hertfordshire are, for example, using elements of the model in their corporate parenting service to help parents of children and young people in care to make the changes necessary for consideration to be given to children returning to their care.

A reminder for professionals to look after themselves

Vicarious trauma, also described as secondary trauma or compassion fatigue, is often experienced by those working on the frontlines with people who have gone through first hand traumatic experiences. When your job involves dealing with highly traumatic/traumatised situations and people day in, day out, your mental health can be affected. AVA community of practise member, Leonie Harvey-Rolfe, shares her experiences of this [here](#).

Cambridge Women's Aid – Ask Me project – Domestic Abuse

Following successful pilot projects, Cambridge Women's Aid has been selected to roll out the national Women's Aid Ask Me project in Cambridgeshire and Peterborough, as part of the wider [Change That Lasts approach](#) to domestic abuse. Change That Lasts evolved from discussions with survivors' communities which noted that while communities are often the first to know that domestic abuse is happening, the lack of understanding and confidence can make people afraid to talk about it, and unsure of how to respond when someone speaks out. The Ask Me project is an initiative that equips everyday people with an understanding of domestic abuse and how to respond to survivors. This knowledge will enable the community to play an active and empowering role in ending domestic abuse.

Cambridge Women's Aid is looking to invite and train members of the community from Cambridgeshire and Peterborough to the Ask Me scheme to become volunteer community ambassadors to eliminate domestic abuse. The scheme offers 12 hours of free training on domestic abuse, how to raise awareness about it in communities and how to direct survivors to specialist services.

Are you passionate about ending domestic abuse? Are you a member of a community, group, or a club interested in learning about domestic abuse and supporting and signposting survivors and communities to specialist services? Please visit [Cambridge Women's Aid](#) to find out more about the Ask Me scheme and sign up for the training, to become part of a nationwide network of hundreds of Ask Me community ambassadors helping to eliminate domestic abuse.

To enquire about Ask Me in Cambridgeshire and Peterborough contact **Emilia Merenmies** and **Sophie Meuwissen**; emilia@cambridgewa.org.uk / sophie@cambridgewa.org.uk

If you are interested in becoming a community ambassador for the Ask Me project and would like to sign up for the 12 hrs training, please register your interest through the [online form](#). Please note the training is aimed at community members and is not intended as professional development.

The Elms SARC: Service User Group (SUG)

Are you a survivor of sexual violence or sexual abuse?

Did you visit The Elms SARC for care and support?

Would you like to be involved in shaping our service?

And make positive changes for other survivors?

**The Elms SARC invite you to join our
Service User Group (SUG).**

Please get in touch to learn
more about this opportunity!

Help shape our services based on your experience.

Propose positive changes to our services
and support our future clients.

Join an amazing group of people!

Telephone: 0800 193 5434

Email: theelms.sug@nhs.net

Visit: www.theelmssarc.org



Complicated Matters: The links between experiences of domestic and sexual violence, substance use and mental ill-health

FREE TRAINING

Against Violence and Abuse (AVA) are offering free training in London on 5th June.

Domestic and sexual violence, substance use and mental ill-health are three issues which often co-exist. And when they do, things can become complicated. This training will 'uncomplicate' matters by raising awareness about the links between experiences of domestic and sexual violence, substance use and mental ill-health. You will learn effective ways to engage with individuals and families who are affected by these issues.

To apply, please visit https://avaproject.org.uk/events/free-training-complicated-matters-links-between-domestic-sexual-violence-substance-use-and-mental-ill-health-cpd-accredited/?mc_cid=cae08518f0&mc_eid=273e6b246c

Mental Health key messages and recommendations webinar

This webinar is being held to mark the launch of the Safe Lives Spotlight #7 mental health and domestic abuse report and will cover the key highlights, including recommendations for policy and practice. The webinar is on 16th May and you can register at the following link

<https://community.safelives.org.uk/events/eventDetails.aspx?id=1220234>

Webinar - An exploration of mothers experiences of Child Protection Social Worker following an incident of domestic abuse

In this webinar, Stacey Stewart (Phd Researcher at the School of Social Sciences, Nottingham Trent University) presents her doctoral research into this topic, with data collected from both mothers experiencing the intervention, and social workers delivering it.

The webinar will take place on 30th May, to register please use the following link
<https://community.safelives.org.uk/events/eventDetails.aspx?id=1220694>



BOBBY SCHEME CO-ORDINATOR of the Cambridgeshire Police Shrievally Trust

OFFICE: Yaxley Police Station, 1 Queen Street, Yaxley, Peterborough, PE7 3JE

SALARY: £21,400 Pro Rata [20 hours per week]

CONTRACT: Permanent with a 3-month probation period

JOB DESCRIPTION

What your role will be.

You will provide a first class administrative and customer service experience responding to confidential and sensitive referrals. You will gather crime data and referrals from individuals, agencies and organisations both over the telephone and inhouse system. You will offer your support to the wider team when deemed necessary. The role will include raising awareness of the charity and providing support to the Trust Manager.

As Bobby Scheme Co-ordinator you will be responsible for a wide range of administrative duties from multiple areas. These include managing and updating data in a range of company systems, whilst complying with strict confidentiality policies. You will be required to contribute to the preparation of important documents, handling post (internal and external) as well as several other documents as needed.

You will receive daily incoming referrals from external and internal clients, as well as elderly or vulnerable adults seeking advice or a home visit which you will co-ordinate with other members of the team. You will be responsible for dealing with these calls, ensuring all enquiries are documented and followed up whilst ensuring you offer the highest standard of customer service, often with a sympathetic approach showing empathy and a non-judgemental manner.

Your background.

To be considered for this role you will possess previous experience working in a high-volume administrative role within an elderly, vulnerable adults and or a victim-focused environment and have an excellent level of attention to detail. You will have impeccable communication skills both written and verbal and able to communicate effectively and appropriately with internal and external colleagues and clients at all levels. Strong IT skills are essential as this role will require you to be highly comfortable and proficient in using Microsoft Word, Excel and Outlook to collate, record and analyse performance data. Candidates who have previous experience using bespoke in-house systems would be particularly advantageous. To order and maintain office and security supplies. To attend relevant events and support awareness talks as appropriate. To contact beneficiaries of scheme to obtain feedback as and when required. As part of a small team there may be occasions to undertake any additional tasks as may be reasonably required. You must be highly organised, self- motivated, work on your own initiative and able to complete work without supervision, but with support. You will be required to take minutes at Trustee and various in-house meetings. With excellent integrity and reliability skills you will maintain strict confidentiality and be willing to submit to a Criminal Records Check.

This is a person-centred role which requires patience and compassion. This role will require you to be an ambassador of The Bobby Scheme, therefore we welcome applications from individuals who can demonstrate this in their application and at interview with a professional demeanour and positive 'can do' attitude at all times.

What we offer you.

This is a fantastic opportunity for an individual that has a desire to make a difference. You will work with a close-knit friendly team, all striving to help the elderly or victims that we support feel safer in their own homes. The work you will do with us will be worth-while and you will gain extreme job satisfaction. Excellent working conditions, competitive remuneration and excellent holiday entitlement.

About Us.

The Bobby Scheme is a small local charity run by the Cambridgeshire Police Shrievalty Trust which was set up in 2001 by the Cambridgeshire Constabulary and The Cambridgeshire High Sheriff. The charity which operates across Cambridgeshire and Peterborough supports elderly victims of crime by securing their homes with safety devices and offering security advice.

A home fire safety check is also carried out on behalf of the Fire Service and smoke alarms fitted if necessary.

As well as helping people feel safer in their own homes, the visits give peace of mind and improved confidence and reassurance. Last year the scheme visited and helped secure nearly 1400 homes, this figure amounts to approximately 50 homes per week.

The Bobby Scheme also supports victims of domestic violence. These victims are referred by various agencies such as the police, social services, Women's Aid to name but a few.

What's next?

If you meet the criteria and would like to have a varied role where you make a positive difference to people's lives, upload a CV and a supporting statement which demonstrates how you meet the requirements of the role to perri@cpstrust.org . If you have any questions, please contact the trust manager on 01480 413311.

Closing Date - Midnight Monday 6th May 2019

Interviews - Tuesday 14th May 2019

Start Date - Tuesday 11th June 2019



Cyber Crime Training 14th May 2019

Between 10am and 12pm on the 14th May 2019, Nigel Sutton the Fraud and Cyber Security Advisor for Cambridgeshire Police, will be giving a training presentation to frontline staff at the **Boathouse, Harbour Square in Wisbech.**

It is well recognised the importance our staff have in helping to protect Fenland from a range of social issues, one such issue costing our communities money and the loss of private information is fraud and cyber-crime. Criminals are using the internet, email, telephones, social media to steal money and information, it is intended that this training presentation raises the awareness of how such crimes are committed and some simple solutions.

In addition to benefitting the community, staff and their families who may benefit from understanding some of the scams being used by the criminals.

For bookings contact: rcooke@fenland.gov.uk