



Taking **action**
educating
people and
transforming
lives worldwide

Course information

Duration:
8 weeks

Delivery:
4 workshops

Workshop timings:
Registration - 09:00
Start - 09:30
Lunch provided
End - 16:30

Enrolment:
To enrol, please contact
elissa.giddings@nhs.net with
your full name, role, practice
and e-mail address by 31 July
2019 to secure your place



education for health

Patient Activation Measures Train the Trainer

Supporting your patients, improving your knowledge

Specifically designed for General Practice Nurses, this NHSE funded course is aimed at trainers who are looking to become ambassadors for Patient Activation Measures or PAM® in their local area.

Patient activation is a core enabler for this as it helps describe the knowledge, skills and confidence a person has in managing their own healthcare. The Patient Activation Measure (PAM) is a tool that enables healthcare professionals to understand a patient's activation level, or their level of knowledge and confidence in managing their own Long Term Condition.

This programme will train healthcare professionals to act as ambassadors, cascading information about PAM in their local area. It will include a focus on theory and evidence, alongside learning the appropriate skills to motivate and empower colleagues regarding patient activation.

The programme will include:

- A Train the Trainer two day workshop
- A Coaching and Supervision two day workshop
- Two one hour webinars

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On our 'Train the Trainer' programme you will be trained to:

- Understand the impact and applications of the PAM® tool
- Understand the Triple aims and how PAM® can support better health outcomes, better experience of care and lowest spend per capita
- Explore practical 'how to' guides and discuss best practice for using the PAM® tool including administering the questionnaire
- Identify how to achieve accurate PAM® results
- Focus upon how to interpret PAM® results to inform a person-centred approach
- Understand how to tailor approaches for people at low and high activation levels
- Examine how PAM® can be used to lead change and bring about quality improvement
- Facilitate and support others
- Evaluate performance and give constructive feedback
- Utilise materials to deliver training to colleagues in how to use PAM® effectively

