

# 5<sup>th</sup> Bedford Diabetes Study Day

Thursday, 30<sup>th</sup> January 2020

King's House, 245 Amptill Road, Bedford MK42 9AZ

Approved for 6 External CPD Credits

Following the success of previous four *Study Days*, we are pleased to invite you to attend **5th Bedford Diabetes Study Day**. This one-day medical education meeting will again bring together a notable faculty of diabetes experts from Bedford and beyond and we very much hope you will be able to join us on **Thursday, 30st January 2020** for what promises to be a very informative meeting. The *Day* will be of relevance to all healthcare professionals and medical students who are interested in a career in Diabetology.

The venue is very easily accessible and is renowned for excellent catering.

The meeting has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits (CPD Code 126634).

## Who should attend?

- Diabetes Consultants and trainees looking for the latest updates
- Consultants and trainees involved in Acute/General Medicine take
- Acute medicine specialists
- General Physicians
- Nurses, Pharmacists and Healthcare professionals who have an interest in diabetes

Please see next page for programme.

To book a place please visit:

<https://5th-bedford-diabetes-study-day.eventbrite.co.uk>

**Places at the event are limited and cost £60 per delegate (including lunch and refreshments) and will be offered on a first come, first served basis.**

Please note that there will be an admin charge of £3.47 if booked through the above website which will be waived if paid in cash or through PayPal (please use email address [rajeev.kumar@bedfordhospital.nhs.uk](mailto:rajeev.kumar@bedfordhospital.nhs.uk) to make PayPal payment and use the link "*send money to friend and family*" stating your name, hospital address, contact number and dietary requirement and drop us an email once payment made).

## For enquiries:

### **The Bedford Diabetes Study Day Team**

Ms Laila Khubeize (AAU Secretary)  
Department of Acute Medicine  
Bedford Hospital, Bedford MK42 9DJ  
Phone: 01234 730 419 Fax: 01234 792 655  
Email: [Laila.Khubeize@bedfordhospital.nhs.uk](mailto:Laila.Khubeize@bedfordhospital.nhs.uk)

## Meeting organiser:

Dr Rajeev Kumar, *Consultant Physician, Bedford Hospital*  
[Rajeev.kumar@bedfordhospital.nhs.uk](mailto:Rajeev.kumar@bedfordhospital.nhs.uk)

## Venue website:

<https://www.kingshousebedford.org/home>

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## Programme

**08:45 Registration and Tea/Coffee**

**09:15 Welcome and Introduction**

Mr Paul Tisi, *Medical Director, Bedford Hospital NHS Trust, Bedford*

Dr Rajeev Kumar, *Consultant Physician and Endocrinologist, Bedford Hospital NHS Trust, Bedford*

### Session 1

**09:30 Individualised diabetes care across the ages - Keeping It Safe and Simple**

Dr Asif Humayun, *Consultant Physician and Endocrinologist, Milton Keynes University Hospital, Milton Keynes*

**10:15 Pumping Insulin: Everything You Need to know about Insulin Pump**

Ms Sara Hartnell, *Lead Diabetes Dietitian, Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Cambridge*

**11:00 Tea and Coffee**

### Session 2

**11:15 Hypoglycaemia Unawareness in Diabetes: Are we aware?**

Dr Rajeev Kumar, *Consultant Physician and Endocrinologist, Bedford Hospital NHS Trust, Bedford*

**12:00 Improving the delivery of adult diabetes care through integration**

Dr Nicholas Morrish, *Consultant Diabetologist, Diabetes Clinical Lead (East of England Clinical Networks), Bedford Hospital NHS Trust, Bedford*

Mrs Julia Pledger, *Nurse Consultant-Diabetes, Bedfordshire Integrated Community Diabetes Service, Bedford*

**12:45 NHS Diabetes Prevention Program – Can we reduce numbers of people developing Diabetes?**

Dr Sanhita Chakrabarti, *Clinical Lead for Long Term Conditions, Bedfordshire CCG*

Dr Shashidhar Ponnala, *GP lead for Diabetes, Bedfordshire CCG*

**13:15 Lunch and Networking**

### Session 3

**14:00 Protecting the Skin you're in: Managing Diabetes Related Skin Conditions**

Dr Katya Burova, *Consultant Dermatologist, Bedford Hospital NHS Trust, Bedford*

*Professor in Dermatology, The Medical Institute of Postgraduate training, Moscow, Russia*

**14:45 When Viagra Doesn't Work: Diabetes and erectile dysfunction; Can it be reversed?**

Mr Nikhil Vasdev, *Consultant Urological Surgeon, Lister Hospital (East and North Herts NHS Trust) and Watford General Hospital (West Herts NHS Trust)*

Ms Carol Edmunds, *Nurse Consultant -Urology, North West Anglia NHS Foundation Trust, Hinchingbrooke*

**15:30 Tea and Coffee**

### Session 4

**15:45 SGLT2 inhibitors in Diabetic Kidney Disease: A new era in renoprotective medicine?  
The Nephrologist's Point of View**

Dr Andrew Frankel, *Consultant Physician and Nephrologist, Charing Cross Hospital, Imperial College Healthcare NHS Trust, London*

**16:30 Feedback and Close**

Dr Rajeev Kumar, *Consultant Physician and Endocrinologist, Bedford Hospital NHS Trust, Bedford*

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For enquiries: [Laila.Khubeize@bedfordhospital.nhs.uk](mailto:Laila.Khubeize@bedfordhospital.nhs.uk) (Phone: 01234 730 419)

Meeting organiser: [Rajeev.kumar@bedfordhospital.nhs.uk](mailto:Rajeev.kumar@bedfordhospital.nhs.uk)