

Cambridgeshire and Peterborough COVID Oximetry @home

Escalation Process

Admission to hospital - via ambulance 999 or referral to attend ED within 1 hour

- If sats 92% or less (or more than 4% less than normal)
- If pulse ≥ 131
- If RR ≥ 25

Seek Clinical Advice - within 1 hour, local variation either referred back to GP or clinical advice available in the monitoring service.

- If sats $\leq 94\%$
- Or pulse ≥ 91
- Or RR ≥ 21
- Or worsening breathlessness
- Or feeling worse
- Or NEW confusion

“Please advise the patient that based on your readings and symptoms you will need to speak to a clinician who will ring you back”

Patients should be asked for their readings from the sats monitor (O₂% and pulse) and asked if they feel (better/same /worse) and if their breathing is (better/same/worse), as per the diary.

The responses should be checked against the escalation criteria above and the escalation pathway followed.

If there is no reason for escalation the patient can be advised the following:

“From what you have just told me your observations are satisfactory and we will ring you back on **day /date**..... Please continue to fill in your diary 3 times a day and if you begin to feel worse or become more breathless or if your O₂ levels fall or you pulse rises please contact your own GP in hours or 111 if our of hours.”

At discharge if patient has on going symptoms or observations still within amber zone (appendix 1) please advise the follow:

“Ideally you should contact your own GP practice within 24 to 48 hours for further assessment. If you are concerned your symptoms are worse and need assessment sooner contact your GP or 111 if out of hours.”