

26. Well Defined Causes of Chronic Pelvic Pain

The following conditions may be identified on assessment and examination. They have known pathologies that present with pelvic pain as an element and have associated management strategies. These conditions may be managed in primary care or, if symptoms persist, consider referral to appropriate specialist services:

Gynaecology:

- Dysmenorrhoea
- Endometriosis
- adenomyosis

Urology:

- prostatism
- urinary tract infection (UTI)
- pyelonephritis
- Urogenital Prolapse

Gastroenterology:

- inflammatory bowel disease
- irritable bowel syndrome
- constipation

Dermatological conditions

Musculoskeletal conditions ([see back pain pathway](#))