

## 25. Chronic Pelvic Pain Syndrome

Chronic pelvic pain syndrome (CPPS) is the occurrence of chronic pelvic pain where there is no proven infection or other obvious local pathology. It is often associated with negative cognitive, behavioural, sexual, or emotional consequences, as well as with symptoms suggestive of lower urinary tract, sexual, bowel or gynaecological, dysfunction. CPPS is a subdivision of chronic pelvic pain.

Consider the possibility of CPPS if:

- the presentation is unclear or equivocal
- the condition does not respond to treatment as expected
- the patient presents with a spectrum of pain or with the potential of pain coming from more than one organ system
- there is a change in presentation that cannot be accounted for (ensuring a treatable condition has not developed)

Management should be considered from a biological, functional, psychological, and social perspective.