

Fundamentals of Change and Improvement

The 'Fundamentals of Change and Improvement' is a short programme for those working in general practice, including GPs, practice managers, nurses, senior admin, project managers and facilitators, working directly with general practice to support the General Practice Forward View and the Time for Care programme.

'Fundamentals of Change and Improvement' will show step-by-step how to use a number of tools and techniques, helping to build skills and confidence to make changes in your practice. Participants will need to bring a live project to work on during the programme. It is strongly recommended that projects are relatively small and focussed, enabling you to apply the learning, for example reducing the amount of correspondence handled by GPs, establishing care navigation, improving approach to care planning, improving the practice's repeat prescribing system etc.

What does it look like?

The programme is two days in total, each day will take place from 9.00am - 4.45pm and delivered locally. Both days can be scheduled up to three weeks apart, to a timescale to suit local practices.

Benefits for participants

- Personal development: an introduction to delivering change and approaches to engaging people in the process.
- Opportunity to apply learning to a live project to get started with making changes straight away.
- Learning alongside other local participants and an opportunity to share ideas.

Programme content

- Explore the key components needed for successful change, using the Change Model for Health and Care.
- A structured approach to making changes using the Model for Improvement and mapping. This will include developing a meaningful aim, measurement for improvement, identifying opportunities for improvement, and generating, prioritising and testing ideas.
- Where to start with involving others in your improvement.

Holding a local session

Schemes will need to promote the session locally as well as register and coordinate participants to take part. Your advice will also be sought to recommend a suitable venue and supplier to provide lunch and refreshments. A minimum of 20 participants, up to a maximum of 30 is required for a session to be held locally. The same participants need to attend both days.

Participants will be required to complete some pre-work to bring on their first day, focused around the aim of their project.

Please contact your local Development Adviser to discuss further.