

Working towards a problem free future

Respect has a unique counselling services aimed at young people aged 13 - 24 years of age, who may have emerging or moderate domestic abuse behaviours. Counsellors will deliver seven weekly solution focussed sessions to individuals on your premises. **This is not a domestic abuse intervention.** The focus will be on working on solutions rather than understanding problems.

Working on symptoms of adolescent depression and generalised anxiety disorders can contribute to reducing the risk of domestic abuse presently and in the future.

For more information on how to access this provision, please see the contact us section.

CONTACT US

If you wish to refer your client, or yourself, please contact us on the details below:

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Address:

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YMCA



RESPECT

Raising awareness of domestic abuse through supporting young people and families in building healthy relationships.