

'When necessary' medication that could be removed from the repeat list

Aim/Purpose/Background

To identify Medication that could be removed from repeat and only issued upon request by the patient.

- Removing 'when required' medication from repeat can help stop excessive issues, thus reducing waste and may also promote safety by discouraging stock-piling of meds.
- Identifying medication that could be removed from repeat may help to highlight those patients requiring review and support MMT work in relation to SOP 22 Medicines Management housekeeping of patient notes.

Guidance for Action

- Run a report as usual on repeat medication including;
 - Emollient creams/gels/shower gels etc.
 - Shampoos/scalp applications
 - Paracetamol - when only having prn.
 - Co-codamol / Co-dydramol - when only having prn.
 - Blood Glucose test strips (for T2 DM) who only order a couple of boxes per year
 - Diabetic needles
 - Sharps bins
 - Seasonal allergy items such antihistamines, nasal sprays, sodium cromoglycate eye drops
 - NSAIDs (only if used irregularly) – consider indication, last review date
 - Laxatives
 - Gaviscon
 - Reliever inhalers – note compliance, no. of issues, consultations
- Review dose and frequency of issues in the previous 12 months to confirm whether patient is using when required.
- Check patient's record for any recent notes that may affect usage.
- Identify patients with applicable meds (when required medication that is required infrequently) and highlight to GP with the suggested medication to be removed from repeat.
- Remove agreed medication and record in the Separate section 'Other Medication'. Details of how to record as 'Other Medication' for SystmOne and Emis Web is included in the Prescribing Newsletter on the following link: <http://members.cambridgeshireandpeterboroughccg.nhs.uk/Downloads/primary-care/medicines-management/Prescribing-Matters/CCG-Prescribing-Matters/2015/Prescribing%20Matters%20Issue%2018%20March%202015.pdf>

This project should be used in conjunction with other relevant housekeeping projects.

Cautions

- Ensure that these medicines are only used when required, check patient's notes.
- Is the medication being issued regularly on a managed repeat? – consider contacting the patient to confirm whether required regularly or not.

This can be used in conjunction with the house keeping project 'Removal of old items (e.g not issued in last 6 months) from repeat list'.

